DESSERTS

Any homemade dessert or tea/coffee

Torta di Limone

Sicilian lemon tart with ice cream

Torta di Mele

Apple crumble with ice cream or custard

Brownie al cioccolato con gelato

Chocolate brownie with ice cream

Tiramisu

Made with our own freshly ground espresso

Gelati Misti

Mixed ice cream

EXTRAS (£1.50)

Pot of coleslaw

Side salad

Fries

Hand-cut chips

TEA

English Tea

Decaf Tea

Earl Grey

Peppermint

Espresso

Dbl Espresso

Americano

Americano

Cappuccino

Late Machiato

Mocha

Ristretto
Hot Chocolate

Camomile

Lemon and Ginger

Darjeeling

Fruit Tea



Fresca Italian, Gatehead Business Park, Delph New Rd, Delph, Oldham, OL3 5DE

01457 870 797 | info@frescarestaurants.com





SOUP AND A SANDWICH

AVAILABLE MIDWEEK 12-5PM



LUNCH MENU



STARTERS

Pate Della Casa

Homemade pate served with toasted bread & a berry chutney.

Alette di Pollo alla BBQ

Oven baked spicy chicken wings & a dipping pot of our homemade BBQ sauce.

∨ Zuppa del Giorno

Soup of the day, ask your waiter for today's soup, served with homemade bread.

Frittelle di Pesce

A homemade fish cake filled with flakes of cod, salmon & potato, served with a sweet chill sauce

∨ Crotone Caprino

Oven baked ciabatta layered with creamy goat's cheese and caramelised onions.

Tonno e Fagiole

Fakes of tuna, cannellini beans, mayonnaise, red onion, mixed leaves and a balsamic dressing.

Gamberoni Rustica

Deep fried prawns wrapped in filo pastry, served with a sweet chilli dip and a mixed leaf salad.

MAINS

SALADS

Goats cheese and Chorizo

A warm goats cheese salad with pan fried chorizo on a bed of rocket with cos lettuce, sliced red pepper and diced cucumber. Served with our homemade tomato chutney and coleslaw.

Succulent Beef

Strips of Hartshead rump steak, pan fried with sweet red onions and served on a bed of pak choi, chunky tomatoes and diced cucumber. Sprinkled with sesame seeds and drizzled with a balsamic dressing.

Insalata di Pollo Caesar

Baby leaf lettuce, sliced chicken breast, anchovies, parmesan cheese with a hard boiled egg, croutons and a classic dressing.

Tuna Nicoise

Tuna flakes with green beans, black olives, anchovies, cos lettuce, new potatoes and an olive oil and lemon dressing

∨ Halloumi

Grilled halloumi cheese on a bed of baby gem lettuce with olives, cherry tomatoes, cucumber and a sweet onion and chilli chutney

SANDWICHES

Served on panini, white or brown bread with a side of mixed salad or fries. also available toasted

Tuna Melt / Mayo

Ham and Cheese

Mature cheddar, onion, tomato and mayo

Chicken, lemon & thyme

Hot beef with rocket and horseradish/mustard

Hot meatball

BLT – Bacon, lettuce and tomato

PASTA

Tiger Prawn Spaghetti Noodles

Spaghetti with pan fried tiger prawns, broccoli and red peppers, delicately cooked with garlic, soy sauce, lemon and olive oil.

Chicken Pesto Spaghetti

Pan-fried chicken strips lightly tossed with spaghetti and pesto sauce, finished with fresh rocket and parmesan shavings.

Spaghetti Meatballs

Spaghetti with homemade meatballs in a tangy tomato sauce.

∨ Penne Miccio

Penne Pasta with courgettes, basil, black olives, cherry tomatoes and parmesan cooked in olive oil with a hint of chilli.

STEWS

Toscano

A robust blend of chicken, mixed beans, fresh cherry tomatoes, pak choi and pancetta, in a tomato-laced broth with chilli, basil and long grain rice.

Served with homemade bread.

Salsiccia

A hearty mix of fresh sausage, pancetta, garlic, cannellini beans, green beans and new potatoes in a tomato broth. Served with homemade bread.

This menu is not available on bank holidays. Please alert you waiter to any allergies or dietary requirements. Fresca is a multi-kitchen environment and while we strive to maintain the integrity of your food, we cannot quarantee it will be completely free from nuts or other allergens.